



Brock Mealer's Story

In 2007, Brock and his family were on their way to church on Christmas eve when a 92-year-old man ran a stop sign and hit the car in which he and his family were traveling. Brock's father, David Mealer, and his brother's girlfriend, Hollis Richer, were killed in the accident. Brock sustained an injury to his spinal cord, which caused him to be paralyzed from the waist down. His surgeon gave him a 1% chance of moving his legs again, and an even lower chance of walking.

In the days and months after the accident, Brock faced not only a difficult grieving process, but also a rehabilitation process that was both mentally and physically grueling. With life as he had known it forever changed, he says, "I had to learn everything all over. I couldn't sit up, and I was in pain all the time." He added, "one of the hardest things to get used to was needing to rely on someone else for life's most basic tasks. I had always been so independent."

Brock not only became independent again, but was blessed with an incredible comeback story that has led him to walk again with the help of two canes. After 2 years of grueling physical therapy, he started working out with the U of M football team strength staff. Once able to stand, Brock's newly found team set the goal of leading the team onto the field for their 2010 opener; less than a year away. The picture above shows that he accomplished this goal, a moment that was years in the making came to pass. He also went on to walk with his bride, Haley, without canes, on his wedding day, December 22nd, 2012. He continues to workout each week, and at the gym, walks without assistance.

Brock Mealer

Motivational Speaker

Topics Include:

- *Living life to the Fullest*
- *Taking Goals "One-Step" at a Time*
- *Strengthening Your Faith*
- *How to be a Leader*
- *Believing in Yourself*
- *Striving for the Impossible*



Some Past Clients Include:

- *Ohio Department of Transportation – District 2*
- *Ohio Northern University*
- *Farm Bureau Insurance of SE Michigan*
- *Farmers & Merchants State Bank of Ohio*
- *Northwest Ohio FCA*
- *University of Michigan Department of Physical Rehabilitation*
- *Ann Arbor Center for Independent Living*
- *Wauseon High School*
- *Many more churches, schools, businesses, and other groups*